

Winter Preparedness Tips for Older Adults

STAY SAFE THIS WINTER



FIRE SAFETY - SMOKE ALARMS

- Install smoke alarms on every level of your home.
- If your smoke alarm uses alkaline batteries, replace them twice a year when you change the clocks.
- · Replace alarms that are more than 10 years old.
- Many fire departments can help through their Senior SAFE Programs. Contact your local fire department to learn if assistance is available.



FIRE SAFETY - SPACE HEATERS

- Make sure the device is not damaged for example: is the cord hot when you plug it in?
- DO NOT leave space heaters unattended.
- Make sure the heater is at least 3 feet away from curtains and bedding.

More Resources

- Your local Senior Center / Council on Aging (COA)
- Massachusetts Executive Office of Elder Affairs
 - Main phone: (617) 727-7750